

August 2,2024

ZOOM MEETINGS:

Meeting	Day	Time Pacific Time Zone	Zoom ID	Passcode
Penticton	Monday	10:00 AM Pacific	831-8528-6636	421360
Creston	Tuesday	* 7 PM Pacific Mar 12 - Oct 31	876 1938 5399*	741981
Nelson	Tuesday	NOON Pacific	847-0620-4672	Nelson
Kamloops	Thursday	5:30 PM Pacific	838-3568-2486	gratitude
Fort St John	Friday	7 AM Pacific	995-3458-4150	Serenity
Simply Surrender Kelowna	Saturday	10:00 AM Pacific	883-6896-7971	027217
Virtual	Sunday	7:00 PM Pacific	880-9367-8112	121212

* 7:00PM Mountain Time (all year)

New Zoom ID Mar 12 2024

FACE TO FACE MEETINGS:

In Person:	day	time	contact	phone contact	location	Address
Vernon	Wednesday	7:30:00 PM doors open at 7:15	Valerie	604-375-3549	Vernon Treatment Centre	2810 48 Ave, Vernon, BC V1T 3R4
West Kelowna	Wednesday	1:00 PM	Donna	250-869-9944	Contact Donna for the address	Glenway Road, West Kelowna
Kelowna	Saturday	10:00 AM	Colleen	250-868-8071	Kalano Club	2108 Vasile Rd, Kelowna back of building Upstairs

NEW

NEW

Southern BC Interior Intergroup (SBCII)

	day	time	Zoom ID	passcode
SBCII	Thursday	7:00- 8:30 PM Pacific	847-9411-3778	intergroup
	next meeting September 12, 2024			zoom monthly meeting